

Dear Patient,

Thank you for scheduling your nutrition appointment with us.

In an effort to assess your health concerns please print and then fill out the nutritional questionnaires. Please **do not** email your completed forms back to us. Bring the completed forms with you on your scheduled appointment.

Should you have any recent blood work that is less than a year old, please bring copies of your results. Also, bring any supplements that you are currently taking.

We look forward to meeting you and addressing your health concerns.

Missed Appointment Policy – cancellation or reschedule with 24 hr. notice – no charge (leave a message on answering machine between office hours or days we are closed).

Thank You,

Achieve Health Chiropractic and Clinical Nutrition

Elia Acuña DC, DACBN

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